

Where Do I Begin?

Included in this folder are some tools to help you on your journey ...

Autism Spectrum Disorder (ASD) Fact Sheet

This fact sheet provides basic information on the definition of autism, including the early warning signs.

Pathfinders for Autism (PFA) Website and List of Provider Categories

Looking for a developmental pediatrician, dentist, social group, or barber ... visit our website at www.pathfindersforautism.org to search for possible options.

PFA Autism by Age Checklist: Birth to 5

The Checklist is a guide for the issues you need to address, and contacts you should make, not only for services, but for support as well.

Parent Tip: Explaining Autism Using Everyday Examples

This article defines autism from a practical, parent/care-giver point of view. It might be helpful to share with family members, friends, or anyone who works with your child.

100 Day Kit by Autism Speaks

Created specifically for newly diagnosed families. You can download it free of charge.

Autism Waiver Registry

Registering for the Autism Waiver is a must do! A de-

scription of the Autism Waiver and how to register for the program is included in this packet.

Behavior Cards

Sometimes it just gets tiresome to have to, again, explain your child's behavior. These cards will provide a way to educate the community about Autism Spectrum Disorder (ASD) without having to engage in a formal conversation.

We know how **overwhelming** everything seems right now. That feeling will come and go, and some days you will see **giant leaps**, and other days, **setbacks**. But it's okay, and you will find your place in all of this.

Of course, you are always welcome to call the Pathfinders for Autism Resource Center at **443.330.5341** for assistance in locating resources or simply needing an ear to discuss your ASD concerns.

Remember that you have **TIME**, so please do not feel that you need to read everything right away. This is a journey, so just focus on your priorities that are relevant now, as those will change over time.



Pathfinders for Autism works to **SUPPORT** and **IMPROVE** the lives of individuals affected by autism and their families through expansive, individualized programming, and by providing resources, training, information, and activities **FREE OF CHARGE**.