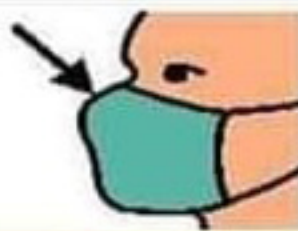


# Wearing a mask



Who

kids over 2

teens

adults

seniors

Why

keep germs away from other people

show respect

When

close to other people

store

How

cover nose and mouth

attach to head

or ears

keep on

don't touch face

Getting started

wash hands

put on

practise wearing it at home

try moving and breathing

Thinking

might feel weird

I can try to get used to it and stay calm

only have to wear for a short time