

# COVID-19 VISUAL GUIDE FOR NOVA SCOTIANS

## STEP 1

# DO YOU FEEL SICK?

If you are feeling sick, you might need a COVID-19 test. Here is what you should do.

First, answer the questions below:



Do you have  
a fever (chills, sweats)?



Do you have a cough or  
worsening of a previous cough?



Do you have  
a sore throat?



Do you have  
a headache?



Do you have  
shortness of breath?



Do you have  
muscle aches?



Are you sneezing?



Do you have nasal  
congestion or a runny nose?



Do you have  
a hoarse voice?



Do you have  
diarrhea?



Do you have  
unusual fatigue?



Do you have a loss of  
sense of smell or taste?



Do you have red, purple or blueish lesions on  
the feet, toes or fingers without clear cause?