Comfort Positions

Reducing stress & anxiety for children during medical procedures



Back to Chest Bear Hug works well for:

- VI 💙
- Blood Draw
- Injections
- NG Tube
- Exam
- Port Access

Chest to Chest Bear Hug works well for:

- VI 💙
- Blood Draw
- Injections





Frog Hold works well for:

- Catheterization
- Pelvic Exam
- Dressing Change
- Chest Tube Removal





Lumbar Puncture



