

# University of Maryland Children's Hospital



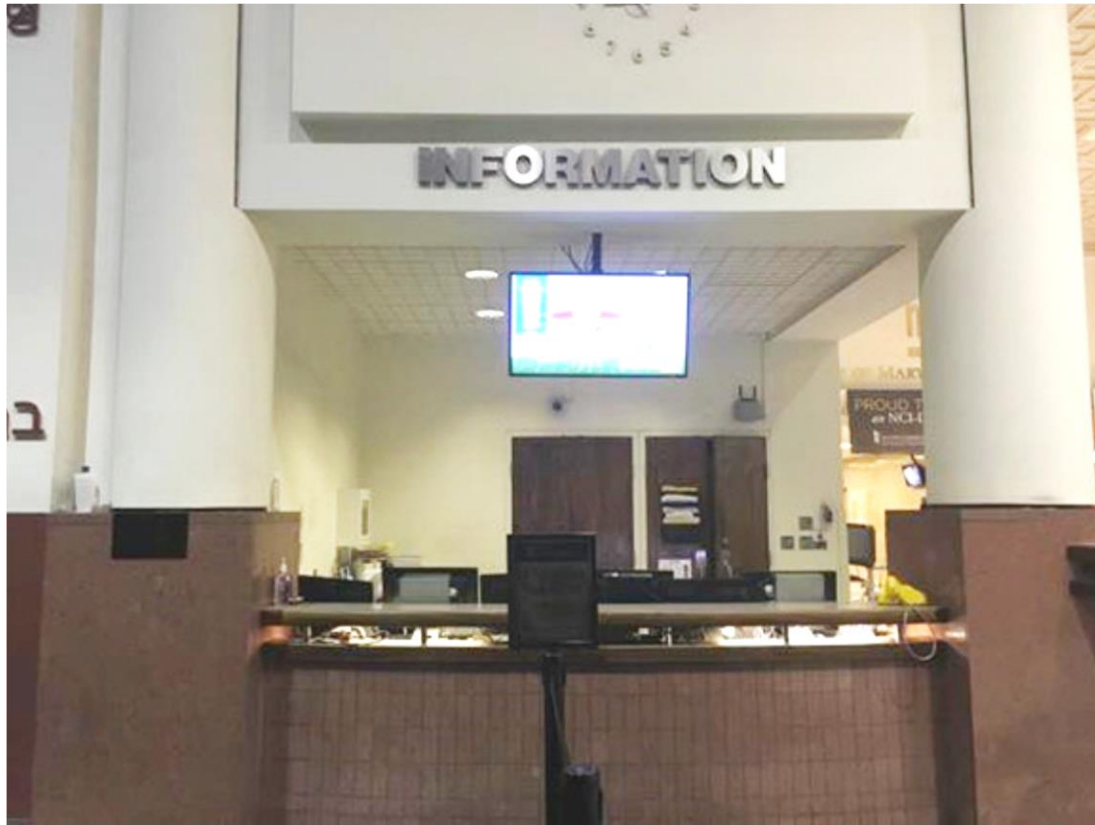
**Preparing for Surgery- Outpatient**

Soon, you will be having surgery! Let's learn about the different things you will see when visiting the University of Maryland Children's Hospital..

When you get inside the hospital, there will be someone to greet you and say “hello!” This person will tell you how to get to the surgery center...



... but first you have to check in at the Information Desk and tell them your name and that you are here for surgery!



When you get to the surgery center, you will have to check in. You will tell the receptionist your name so they know who you are



While you are waiting, you might get to wait in an area like this. You can play with the toys or watch TV until a nurse calls your name. When your name is called, you know it is your turn to go to another waiting area



When it is your turn, you will go into a room like this.

This is called the **pre-op** and **post-op** area



There are curtains between each waiting area to give you privacy. This is where you will wait until it is time for your surgery



While you wait, you can play with toys that you brought from home. You can also watch Disney Jr. or Cartoon Network on the TV





Your nurse will ask you to change into a hospital gown. It will look similar to this but might be a different color



You will meet lots of new people who will ask you your name, birthday, and lots of questions to make sure they are taking care of the right person. These people may look like this.

They wear these outfits, masks, goggles or face shields, and funny hats called bouffants. You get to wear a mask and bouffant too!

It will soon be time for surgery. Your nurse will give you medicine called **silly juice** while you are in the surgery waiting room. You might get this medicine through a syringe or a medicine cup. You will feel a little sleepy after taking this medicine



These are the doors you will see before going into the operating room, which is where you will have your surgery. You may or may not remember these doors. If you do, this is where you will wave and say “see you later to your family.



It is now time for  
your surgery!

This is the operating room where you will have your surgery. There is a lot of equipment in this room, but only some of it will be used during your surgery



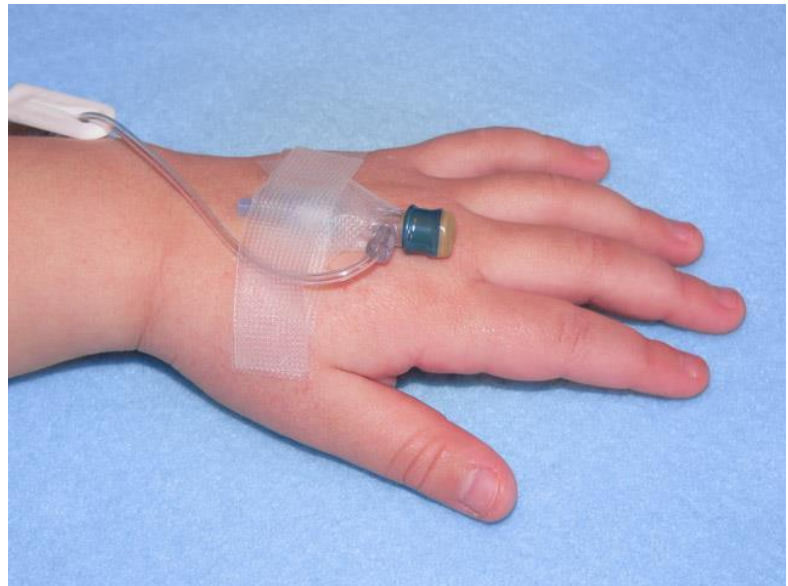
When you get to the operating room, your nurses and doctors will move your body to this operating table



When you lay on the operating table you will see a lot of lights, that look like this, above you.



The doctor called the **anesthesiologist** will give you medicine to help your body fall asleep and to make sure you won't remember or feel anything during your surgery. This medicine is called **anesthesia**. The medicine will be taken away once your surgery is over so your body can wake up



You might get your anesthesia through an anesthesia mask (by breathing the medicine through the air) or through an IV

Your surgery is all done!

When your surgery is all done, you will wake up in a room that looks like this. It will look similar to the room you waited and played in before your surgery!



When you wake up, you will either have air blowing near your face from a blue tube wrapped in a towel OR have a nasal cannula in your nostrils. These tubes help give you all of the oxygen your body needs as it wakes up from surgery

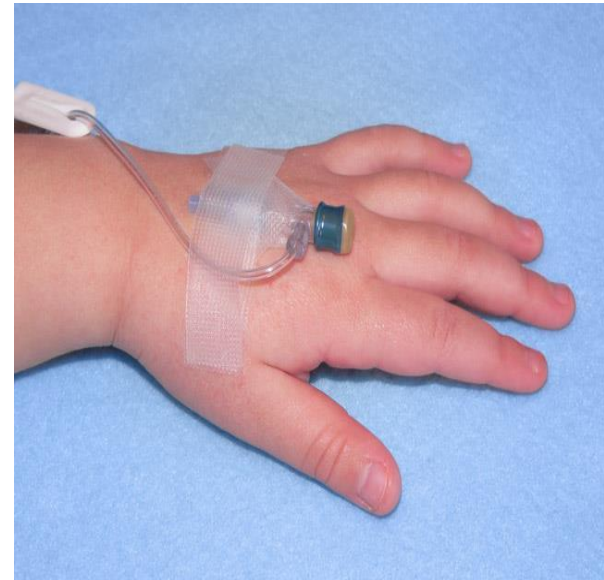




You will have stickers on your chest as well. These stickers are called **leads**. These leads get connected to a **monitor**, so the doctors and nurses can watch your heart and lungs work during surgery



You will also have a pulse ox on your finger. This feels like a sticky bandaid that helps your nurse monitor how much oxygen your body is getting. You will also have an IV in your hand or your arm



Once your nurses and doctors tell you it is okay to go, you will either go back to the 5<sup>th</sup> floor, to a room in the PICU (on the 4<sup>th</sup> floor), or you will get to go home!

Great job! You did it!