

PFA Tips

Common Acronyms for Self-Directed Services (SDS)

Yes, more acronyms... In Maryland, the following acronyms are commonly used within the context of self-directed services, particularly for those receiving support through the Developmental Disabilities Administration (DDA).

What is Self-Directed Services?

Self-Direction, sometimes called consumer-direction or participant-direction, provides participants a greater degree of choice in how Medicaid waiver services are delivered, when, where, and the rate of payment. The core function of self-direction are choice and control over how services are provided, and who is being paid to provide these services.

General Self-Directed Services Acronyms

SDS (Self-Directed Services) - The overall program that allows participants to choose and manage their own services and supports.

CCS (Coordinator of Community Services) - The professional who guides individuals through the self-direction process, helps develop a plan, and monitors it.

PCP (Person-Centered Plan) - The annual plan created with individual's input to establish personal goals and outline the needed services.

FMS (Fiscal Management Service) or FMCS (Financial Management and Counseling Services) - A required provider that helps participants with budgeting, payroll, and paying invoices for services.

Acronyms related to providers and employees

DPS (Direct Support Professional) - An employee hired directly by the person receiving services to assist them with daily living and community integration.

PA (Personal Assistant) - The term for an individual providing personal assistance services.

SB (Support Broker) - A specialist who provides guidance and assistance to participants with their employer responsibilities.

Acronyms related to funding and waivers

DDA (Developmental Disabilities Administration) - The state agency overseeing programs, including the self-directed model, for individuals with developmental disabilities.

HCBS (Home and Community-Based Services) - A Medicaid program offering support in a person's home or community.

MA (Medical Assistance) - Another term for Medicaid.

LHD (Local Health Department) - An organization assisting with aspects of Medicaid program services.

LTSS (Long-Term Services and Supports) - Services supporting the independence of older adults and people with disabilities.

LTSS Maryland - Maryland's web system for managing DDA waiver program services, payments, and case management.



For more information about Self-Directed Services:

DDA homepage
<https://health.maryland.gov/dda/Pages/home.aspx>

Self-Directed Services Guidance and Forms
<https://health.maryland.gov/dda/Pages/SDForms.aspx>

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